



Affiliated Club

Brighton Dolphin Swimming Club

www.bdsc.co.uk

Formerly Brighton Ladies Swimming Club Founded 1891.
Affiliated to South East Region ASA

ANNUAL REPORT 2015

Chairperson	Neil Davies/Mick Anson
Hon. Secretary	Sarah Naish
Hon. Treasurer	Audrey Taylor
Synchronised Swimming Hon. Secretary	Margaret Hamerton
Learn to Swim Hon. Secretary	Ian Thompson
Gala Hon Secretary	Gary Fuller
Social Hon. Secretary	Jean Smith
Minutes Hon. Secretary	Margaret Simmonds
Masters Hon. Secretary	Andrew Farrell
Director of Swimming	Pauline Freestone
Welfare Officer	Sue England/Maria Colwell

COMMITTEE

All those Officers named above plus Paul Harris, Duncan Brown, Joanne Morrell, Margaret Gill, Robert McDonald and John McGrath.

PRESIDENT

Margaret Simmonds

8 The Saffrons
Burgess Hill
RH15 8TB

November 2015

Dear Club Members,

The **Annual General Meeting** of the Club will be held at the Slipper Baths, Prince Regent Swimming Complex, Brighton on Sunday 29th November 2015 at 10.30a.m. A full agenda including nominations for Committee will be published fourteen days before the meeting.

Sarah Naish
Hon. Secretary

CHAIRPERSON'S REPORT

I did not expect to be writing this report after being voted in as Chairman by the Committee at least until the AGM. Neil stepped down from the role in the summer and I would like to thank him for the long service he has given to the club as Chairman and committee member.

The club continues to thrive with healthy attendances and demand for pool space outstripping supply. That is all down to the quality of the experience that our Members enjoy as learners, swimmers and synchronised swimmers. We continue to take part in more competitions, events and social activities with more people keen to get take part which engenders a good spirit in the club. None of this would be possible without our volunteers who commit lots of their time (often unseen). Well done to you all and thank you.

We should never be complacent, however, and there are areas where we can still do things better. I have asked the Committee to suggest some of their personal priorities for the future of the club and we will try and implement some of them but it may take time. Some of the events and activities have proved very popular this year and there is demand to do more, but this does mean more demands on people's time. To do that we will need more help from people. You might not know about swimming but you may have a skill, work experience or interest that could help the club. We would like to hear from you.

We are very good at communicating forthcoming events etc but I would like the club's ordinary members to feel even more involved and made aware of what goes on within the club, for the Committee to be more transparent, and its members to be more recognisable and approachable. Feedback and ideas are welcome as long as it is constructive.

There have been some big highlights this year. The synchro swim team were very successful recently in Kazan, Russia at the World Championships (see Margaret H's report) and our juniors continue to improve and punch above their weight in competitions. As we go to press, the Masters have just broken their own British Record for the combined 120 years plus 4 x 200m Freestyle Relay in Sheffield and next year there is a bigger event at a major sporting venue in London (see Andy's report)! The Juniors and Masters recently had a thoroughly enjoyable day out training at the Aquatic Centre in Stratford (there's a clue) for juniors and masters followed by a deserved lunch.

Whilst we do want to continue to be successful in competition on our terms, this should not be at the expense of the spirit in the club which will always have room for those who enjoy swimming as a fitness activity in an organised setting and, of course, at the base of the pyramid is our essential Learn to Swim section.

Next year will be the club's 125th anniversary since it was formed in 1861 as Brighton Ladies SC and the Committee would like to mark the year in 2016 with events and activities. Some ideas have been suggested but we would like to hear from our membership as well with more ideas and especially with offers of help to make them happen.

Onwards and upwards in the New Year (after a great Christmas break for all).

Mick Anson
Chairman

DIRECTOR OF SWIMMING REPORT

After nine years at the helm Neil stood down as Chair of the club. Under Neil's leadership the club has come a long way in those nine years and he has left the committee in a strong and positive position. Under his guidance and decision making the club implemented the NPTS scheme, Swim21 and various financial decisions that have left the club in secure place going forward. The recent success of our swimmers can only come from a solid foundation and I, the rest of the team, and parents would like to thank Neil for his dedication and commitment to the club. I welcome Mick as the new Chair and look forward to developing the club further. We also said goodbye to Joanne Morrell and Sue England who had taught at the club for many years and who both gave their time as committee members.

The club continues to have a strong membership with many of our junior swimmers committing to 2 or 3 training sessions per week. Their commitment is reaping rewards with 6 swimmers qualifying for the County Championships and we have seen an increase in swimmers attending open events.

Our own club gala, held in February, has become an important annual event for other local clubs. It is with some disappointment and frustration that we are one of the few clubs that host a team gala at development level, as it means that our new and younger swimmers miss out on an opportunity to swim competitively outside of the club. I will continue to liaise with other clubs to try to change this situation.

The continued enthusiasm from our swimmers has resulted in increased work for our team of coaches and teachers. A huge thank you in particular to Mick and Lesley who coach and accompany the swimmers to the various events, to Audrey and Margaret for officiating at these events, and to Gary for his administrative role.

As always a huge thank you to our dedicated team of teachers from the Learn to Swim Team all the way through to competition coaching. As you know our club is not all about the competitions, our teachers continue to work with all of the swimmers to build on their water skills and gain confidence. This year in particular I would like to thank our team of young volunteers, which has grown in number and includes Seth, Joe, Kristy, Lottie, Tara, Ateya, Alex, Esme and Harry. They are making a very valuable contribution to the club along with learning new skills which will take them forward into their futures. New comers to the teaching team include Janet, Nigel and Dee.

The 2015 Club Championships were well attended particularly by our younger members, and there were some hotly contested races and great individual performances. Well done to those swimmers who passed and received NPTS awards this year, or on a badge night swam further than they ever have before, there is nothing more motivating than the thought of receiving a badge or certificate...

As Director of Swimming I am always looking to ensure that our swimmers have access to quality lessons and enjoy the experience of belonging to Brighton Dolphin Swimming Club. The reward for all of our volunteers is to see every child making progress with their swimming.

I wish you all a very Merry Christmas and a happy and prosperous New Year.

Pauline Freestone
Director of Swimming



SOCIAL SECRETARY'S REPORT

Many thanks to all those who have supported the sale of sweets during the past year which has resulted in a profit of £101.28 for the Club. The 'penny' sweets are proving to be very popular, as ever. Best wishes to everyone for Christmas and 2016.

Jean Smith
Social Secretary

SYNCRO REPORT

Synchro training sessions continue to be well attended with swimmers preparing for this year's National Championships. We have 4 new swimmers which brings us to 22 including one male!

Margaret Hamerton has been awarded the ASA Level One Coach award and hopes to extend this with Attending Assessor and eventually judging qualifications. Several of our newer swimmers achieved level 2 and 3 synchro recreational skills awards.

We attended several competitions during the past year, winning medals at the GB Nationals, Paris and Brussels Open Meets as well as in Kazan, Russia, at the World Masters Swimming Championships where we won Bronzes for the duet for Liz Fitzsimons and Vikki Gimson, and solo for Margaret Hamerton; Silver for the duet for Gaye Greely and Margaret, and Gold for the team event. Yes I know we were the only team in our age group, but we worked very hard to be there. It was a shame that so many swimmers felt they could not attend due to politics or other reasons, however we had a fantastic time and could not have been made more welcome by the Russians whose organisation was brilliant in every way, from the accommodation to volunteers meeting competitors at the railway station/airports. We were even ushered through the diplomatic channel at passport control! Being incorporated into the elite swimming championships is a really good idea and it was great to see Masters Swimmers benefitting from the facilities and organisational structure set up for the elite swimmers. I feel it made us raise our game.

Our newer swimmers (we call them intermediates) competed for the first time at Telford in the GB Masters Championships 2014 and are working hard again for this year's championships in Rugby in November, swimming two team routines. They continue to make great progress during the year. Unfortunately, due to injury/medical issues there will be no senior team competing this year. However we are all hoping to compete at the European Masters Championships in London next May.

The Brighton Festival Fringe Show in May was a great success and work has already started for the next one in May 2016.

Stop Press!! The synchro team continued their successes at the GB Masters Championships with Linda Doidge & Anne Long, and Liz Fitzsimons & Laura Roberts winning golds in their respective duets. The newer ladies also won silver in the team event. Nigel Sayers supported the team and volunteered as a time keeper at the event.

Margaret Hamerton
Synchronised Swimming Hon. Secretary



GALA REPORT

Our junior swimmers collected a succession of personal bests, ribbons, rosettes and medals at galas organised by Brighton, Crawley and Littlehampton swimming clubs and also at those organised by the Sussex ASA. This year saw a welcome return of the Development Gala to the county programme after its absence in 2014 and 19 of our swimmers entered. Our largest squad to date, 24 swimmers, competed at Brighton Swimming Club's Ken Deeley gala in September.

Seth Follen qualified for the county's spring championships. For the first time swimmers from the club qualified for the county's winter championships in October: Theo Coote, Emily Martin, Finn Mclean, Mary Mclean, Emily Morrell and William Morell.

It's been great to see the strong team ethos; especially the way in which older swimmers have supported the younger ones and those going to their first events. We've also had massive support from parents. In September, 40 swimmers, parents and coaches got together for a celebratory pizza following the Ken Deeley open meeting. Special thanks go to Mick, Lesley, Maggie and Audrey for supporting the swimmers on poolside and to all the teachers and coaches for honing our swimmers' skills.

Gary Fuller
Gala Secretary

LEARN TO SWIM REPORT

2015 was another busy year in the Learn to Swim section of Brighton Dolphin, with Tuesday and Sunday sessions packed-out and over 30 new children joining to benefit from lessons from our dedicated team of volunteers.

This year we saw the retirement of two of our longest-serving Sunday Team members: Catherine Cameron and Lin Rowlands. I would like to thank them for their many years of teaching support on behalf of all the children they have helped over this time. Although we miss their experience, we have still been able to maintain a full teaching program thanks to the commitment of Alex, Angela, Ataya, Dee, Esme and Tara on a Sunday and Maggie, Janet, Vicky, Nigel, Seth, Kirsty and Joe on a Tuesday. At busy times both sessions also benefit from the additional support and considerable experience of Audrey and Margaret.

We regularly see more than 45 children every week and continue to support them in their development through the National Program for Teaching Swimming (NPTS). We also offer all our swimmers the opportunity to achieve distance badges, either in the teaching pool or in the main pool. This year, we have also been able to provide more support by organising smaller groups and, in some cases, 1-2-1 coaching, thanks to the number of volunteers we have had at some of the sessions.

I like to use the opportunity of this report to remind parents of the importance of helping your children's swimming development by ensuring regular attendance and to ensure that children arrive on time.

Before finishing, I would like to thank all of the parents, guardians and siblings who commit their time and energy to bring the children along on Tuesdays and Sundays. Finally, I would like to wish all the children, parents and volunteers all the very best for the holiday season and the New Year.

Ian M Thompson

Honorary Learn to Swim Secretary



MASTERS REPORT

Coaching: The Masters continue to self-organise lanes and sessions amongst themselves. We had a positive response from members when we temporarily enjoyed the services of a coach for the Masters' section and hope to find a coach in 2016.

Membership: Overall Masters' membership remains solid. Naturally the number of swimmers attending sessions does fluctuate during the course of the year. Both Out to Swim and Brighton Phoenix have contacted the club about pool time in the Masters' sessions, and Mick and I will be following up with both teams to offer lane space on Tuesday nights.

Competitions: There remains a small group of swimmers who compete regularly in competitions such as Regional and National Masters. As in previous years around a dozen swimmers participated in the Sussex County Masters. Once again the indomitable 120yr+ relay team of Andrew Farrell, Shaun Challis, Paul Allen and Kevin Pickard recently broke a British Record (their own) in the 4 x 200m freestyle relay at the National Masters in Sheffield.

The European Masters Swimming Championships are being held in London next May. This as a great opportunity for the club, not only to enthuse existing members, but also attract new members.

Thus in summary, the Masters' section continues to tick over happily. Coaching and the London based European Championships present a new opportunities to drive deeper engagement with Masters' swimming in Brighton.

Andrew Farrell

Masters Hon Secretary

HON. TREASURER'S REPORT

As will be seen from the Balance Sheet a slight loss is shown amounting to £171.53. Overall the financial position of the club is strong. However in view of the fact that the subscriptions and entrance money have not increased for over 5 years, your Committee feel that an increase should be forthcoming.

Therefore the following increases have been agreed: Seniors to £35, Juniors to £30, under 5's to £20. Fees payable at the door: Juniors to £2.50, Seniors £3.50, OAP & Students £2.50. In future first time members will not have to pay the signing on fee. The Committee feel that the membership fees still represent very good value for money particularly compared to other clubs in the City.

The Brighton & Hove Schools Swimming Championships were once again a success, thoroughly enjoyed by swimmers and parents alike.

My sincere thanks go to Phil Cook who as usual attends most Sundays and Tuesdays and makes everyone feel welcome, particular the senior new members. We would also like to extend our best wishes to his wife Pat. I would also like to record my thanks to Margaret Gill who takes the money on a Sunday morning, and also to Margaret Simmonds who stands in when necessary.

The profit made this year with the selling of the sweets was £101.28 not as much as last year due to the increase in the cost of the sweets. Thanks must go to Jean Smith for manning the table and to Terry Smith for ferrying Jean to the pool etc.

Finally the Committee would like to thank the Manager of Prince Regent and also the pool staff for their help at club sessions.

Audrey Taylor
Hon. Treasurer



CHRISTMAS PARTY AND AWARDS AFTERNOON

Come and join us for an afternoon of games and celebrations at the Portslade Sports Centre, Chalky Road, Portslade, 3.00pm to 5.00pm, on Sunday 29th November.

This year's Club Championship trophies and medals will be awarded along with the distance badges, speed badges and skills certificates recently achieved.

After the games and fun have finished, and the awards presented, the afternoon will be rounded off with refreshments.

This event is open to all our members to enjoy and we look forward to seeing you.

To enable us to organise the afternoon as much as possible in advance, please would you complete a reply slip at the pool and hand to the front desk or email pauline@bdsc.co.uk

BDSC Accounts for the year ending 31st August 2015

General Account 01.09.14 - 31.08.15

	£	£	2013/14 £		£	2013/14 £
Balance brought forward		23,665.19	22,543.04	Pool Hire		
Santander Interest & Interest Schools A/c		89.03	20.61	Prince Regent	18,891.19	18,058.74
Subscriptions				Surrenden	2,749.00	2,774.00
Juniors @ £26 (135) & @ £13 (8)	3,614.00			Pool Hire re Gala	399.80	386.55
Seniors @ £30 (81) & @ £15 (1), @ £10 (3) & @ £5 (1)	2,480.00			Room hire	30.10	25.00
Under 5's @ £16 (6) & @ £8 (2)	112.00			Travelling	54.00	826.00
Associate Members ((21), Hon.(2)		6,206.00	6,443.00	Coach Expenses	794.00	816.00
Life Members (5)				Printing & Stationery	17.39	11.44
New Members				Course Fees	229.00	603.00
Juniors @ £2.50 (32)	80.00			Entry Fees	257.00	183.75
Seniors @ £5 (8)	40.00	120.00	155.00	Affiliation South East	705.00	708.00
Visitors @ 0.60p (85)		51.00	51.60	ASA Membership	2,869.75	1,920.80
Registration		961.00		Sx. County ASA	165.75	169.00
Swimming Dues				Donations	136.49	45.00
Prince Regent		18,899.45		Postage & Telephone	54.90	26.21
Surrenden		2,088.50		Engraving	422.93	1,192.39
Gala Takings		384.50	22,156.75	Insurance	205.50	205.50
Confectionery Sales		661.55	663.23	Equipment	137.68	330.77
Shop Sales		1,168.00	1,315.05	Coaches Passes	80.00	184.00
ASA Awards Scheme		201.00	258.00	Music Licence	113.83	110.74
Photographs proceeds less cost		72.00		Audit	15.00	15.00
Donation re equipment			313.30	Synchro A/c	483.57	
Synchro Account			297.42	Sundries general	31.80	
Donations			75.00	Xmas party	309.20	258.92
Crawley Open Blf		165.00		Photographer re Awards	75.00	
				New Club Tee Shirts	243.35	30.82
				Hoodies etc.	156.00	475.30
				Confectionery Purchases	560.27	513.55
				Swim Wear	507.28	260.10
				Swim Caps	219.48	219.48
				ASA Awards Scheme	172.05	203.28
				Sussex County Dinner 2 Tkts	60.00	64.00
				Pay Pal Fees	<u>3.22</u>	9.47
					31,149.53	
				Cash at Bank as follows:		
				Current A/C	804.66	
				Synchro		
				Schools A/C	388.29	
				Santander Deposit A/c	22,281.05	
				Cash in hand	108.69	23,582.69
			<u>54,732.22</u>			<u>54,732.22</u>

Stocks in Hand

Confectionery	£103.96	
Swim Hats (54)	£146.25	
Swimwear	£395.00	£645.21

Checked and found correct - Karen King, 25th September, 2015

SCHOOLS ACCOUNT 01.09.14 - 31.08.15

Balance B/F	£1,562.05	Officials Appreciation	225.00
Interest	2.40	Woodchesters - Hats	309.84
Door Receipts	507.00	Premier Sports – Tee shirts	37.50
Schools Entry Fees	140.00	Travelling	14.00
Donation Sainsbury	100.00	Refreshments	150.00
		Post & Telephone	10.00
		Bottle Water	8.00
		Stationery	8.00
		Sweets	<u>6.00</u>
			768.34
		Cash at Building Soc.	1133.12
		Cash in Hand	21.70
		Cash at BDSC Bank	388.29
			<u>1543.11</u>
	<u>£2,311.45</u>		<u>£2,311.45</u>

CLUB CHAMPIONSHIP RESULTS 2015

Event	Trophy	1st	2nd	3 rd
Points Cup				
Girls U10 Points Cup	Adie Trott Memorial Bowl	Hannah Newman	Amy Martin	Charlotte Turner
Boys U10 Points Cup	Gill/Denis Marchant Cup	William Muzio	Scott Lawes	Luis Silva
Girls U12 Point Cup	E K Brooker Cup	Keira May	Mirabel Jackson	Emily Muzio Emily Martin
Boys U12 Points Cup	Phil Cook Cup	Freddy Alexander	Oscar Jackson	Yanick Sawicki
Girls U14 Points Cup	Edith Styer Bowl	Lydia Whitworth	Emily Morrell	Leah Churchill
Boys U14 Points Cup	Mick Anson Cup	Finn Mclean	Theo Coote	Adam Churchill
Girls U17 Points Cup	Marion Casey Cup	Kristy Bryant	Charlotte Matthews	Esme Whitworth
Boys U17 points Cup	Margaret Simmonds Cup	William Morrell	Joe Foot	Jack Bracchi
Men's Senior Points Cup	Adie Trott Cup	Seth Follen		
Freestyle				
Girls Overall Junior Freestyle	Tina Priest Cup	Charlotte Matthews		
Boys Overall Junior Freestyle	Maudie Ottaway Cup	William Morrell		
Girls U10 50m Freestyle	Unnamed Cup	Amy Martin	Lois Knight	Charlotte Turner
Boys U10 50m Freestyle	Geoffrey Olliffe Cup	William Muzio	Scott Lawes	
Girls U12 100m Freestyle	Audrey Taylor Cup	Keira May	Emily Muzio	Emily Martin
Boys U12 100m Freestyle	Reassigned diving cup	Oscar Jackson	Freddy Alexander	Harrison Lawes
Girls U14 100m Freestyle	No trophy	Lydia Whitworth	Emily Morrell	Leah Churchill
Boys U14 100m Freestyle	No trophy	Finn Mclean	Stephen Boxall	Theo Coote
Girls U17 100m Freestyle	No trophy	Charlotte Matthews	Kristy Bryant	Alex Vidler
Boys U17 100m Freestyle	No trophy	William Morrell	Joe Foot	Monty Jackson
Men's Senior 100m Freestyle	Unnamed Cup	Seth Follen	Matthew Hayes	

Backstroke	Trophy	1st	2nd	3rd
Girls Overall Junior Backstroke	Kathleen Metcalfe Cup	Kristy Bryant		
Boys Overall Junior Backstroke	Tyrone Dowd Cup	William Morrell		
Girls U10 50m Backstroke	No trophy	Hannah Newman	Lois Knight	Amy Martin
Boys U10 50m Backstroke	No trophy	William Muzio	Scott Lawes	
Girls U12 100m Backstroke	No trophy	Emily Martin	Mirabel Jackson	Keira May
Boys U12 100m Backstroke	No trophy	Freddy Alexander	Yanick Sawicki	Oscar Jackson
Girls U14 100m Backstroke	No trophy	Lydia Whitworth	Becky Fuller	Leah Churchill
Boys U14 100m Backstroke	No trophy	Adam Churchill	Theo Coote	Sacha Lakelin
Girls U17 100m Backstroke	No trophy	Kristy Byrant	Alex Vidler	Mia Whitaker Jones
Boys U17 100m Backstroke	No trophy	William Morrell	Joe Foot	Jack Bracchi
Breaststroke	Trophy	1st	2nd	3rd
Girls Overall Junior Breaststroke	Ethel Sandy Cup	Kristy Bryant		
Boys Overall Junior Breaststroke	Dorothy Short Cup	William Morrell		
Girls U10 50m Breaststroke	No trophy	Hannah Newman	Amy Martin	Charlotte Turner
Boys U10 50m Breaststroke	No trophy	William Muzio	Scott Lawes	Luis Silva
Girls U12 100m Breaststroke	No trophy	Keira May	Emily Martin	Emily Muzio
Boys U12 100m Breaststroke	No trophy	Oscar Jackson	Freddy Alexander	Harrison Lawes
Girls U14 100m Breaststroke	No trophy	Lauren Coull	Lydia Whitworth	Leah Churchill
Boys U14 100m Breaststroke	No trophy	Theo Coote	Finn Mclean	Adam Churchill
Girls U17 100m Breaststroke	No trophy	Kristy Bryant	Esme Whitworth	Ateya Marshall
Boys U17 100m Breaststroke	No trophy	William Morrell	Joe Foot	Monty Jackson
Men's Senior 100m Breaststroke	Neil Davies Cup	Seth Follen		
Freestyle Sprint				
Girls U14 50m Sprint	Clare Ciapessoni Cup	Lydia Whitworth		
Boys U14 50m Sprint	Joan Tyler Cup	Finn Mclean		
Butterfly	Trophy	1st	2nd	3rd
U14 Girls Butterfly	Lesley Norton Cup	Emily Morrell		
U14 Boys Butterfly	Lesley Norton Cup	Finn Mclean		
U17 Girls Butterfly	Paul Grimwood Cup	Kristy Byrant		
U17 Boys Butterfly	Paul Grimwood Cup	William Morrell		
Senior Men Butterfly	No trophy	Seth Follen		

Individual Medley	Trophy	1st	2nd	3rd
Women's Overall 100m IM	Harry Preston Cup	Kristy Bryant		
Men's Overall 100m IM	Violet Archer Cup	Seth Follen		
Girls U12 100m IM	Westpark Trophy	Keira May	Mirabel Jackson	Emily Muzio
Boys U12 100m IM	Walden Trophy	Oscar Jackson	Yanick Sawicki	Harrison Lawes
Girls U14 100m IM	No trophy	Lydia Whitworth	Leah Churchill	Becky Fuller
Boys U14 100m IM	No trophy	Finn Mclean	Adam Churchill	Theo Coote
Girls U17 100m IM	No trophy	Kristy Bryant	Esme Whitworth	Mia Whitaker Jones
Boys U17 100m IM	No trophy	William Morrell	Joe Foot	Jack Bracchi
Men's Senior 100m IM	No trophy	Seth Follen		
Improvement Awards				
Most Improved Breaststroker	Jean Caplin Cup	Charlotte Turner		
Moving from Learn to Swim	Jenni Thorneley Cup	Matti Rogers		