

Brighton Dolphin Lane Organisation

Tuesday 7.00pm-8.00pm

Shallow End

Main Pool

Intermediate 1	Intermediate 2	Lane	Type of Training/teaching	Instructor
Instructor – Victoria Bell	Instructor – Max Gargan	1	Junior Competitive Training	Club Coach – Brian Deval
		2	Junior Competitive Training	Club Coach – Brian Deval
		3	Junior Competitive Training	Instructor – Mick Anson under supervision of Coach
		4	Junior Competitive Training	Instructor – Brett Vallier under supervision of Coach
		5	Pre Competitive Training	Instructor – Paul McGowan
		6	Advanced Teaching	Instructor – Gill Marchant

Teaching Pool

Lane 1 - Beginners	Instructor – Sue Hayes & Geoff Green
Lane 2 – Intermediate Learn to Swim	Instructor - Joyce Prendergast
Lane 3 – Advanced Learn to Swim	Instructor – Paul Harris

Main Pool 8.00pm – 9.00pm

Shallow End

Main Pool

	Lane	Type of Training/teaching	Instructor
Junior Stroke technique and turns under the supervision of the coach	1	Masters Competitive Training	Instructor - Neil Davies
	2	Masters Competitive Training	Instructor – Neil Davies
	3	Masters Competitive Training	Instructor – Neil Davies
	4	Masters Training	Supervised by lane members
	5	Masters Training	
	6	Masters Training	



Sunday Session, 9.00am – 10.00am

Shallow End

Main Pool

	Lane	Type of Training/teaching	Instructor
	1	Masters Training	Supervised by lane members
	2	Masters Competitive Training	Instructor – Neil Davies
	3	Masters Competitive Training	Instructor – Neil Davies
	4	Junior Competitive Training	Instructor – Club Coach
	5	Junior Competitive Training	Instructor – Club Coach
	6	Pre Competitive Training	Instructor – Club Coach

Teaching Pool

Lane 2 Intermediate	Instructor – Joyce Prendergast & Ian Thompson
Lane 1 Beginners (Inc babies, toddlers & parents)	Instructor – Ellie Walker & Suzanna Rickett

Thursday 7.00pm – 8.00pm

Lane	Type of Training	Instructor
1	Junior Pre Competitive Training	Club Coach
2	Junior Competitive Training	Club Coach
3	Junior Competitive Training	Club Coach
4	Masters Training	Max Gargan