

Brighton Dolphin Swimming Club.

Further training for coaches/teachers

We would like to encourage all our swimming staff to further their knowledge and attend CONTINUING PROFESSIONAL DEVELOPMENT (CPD) courses. The club will be prepared to pay for some of the course fees. Speak with Pauline Freestone if you are interested. Below is the extract from the ASA site and links to further information.

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Enhance your Teaching and Coaching Qualifications through the ASA CPD Programme!

- [CPD Accredited Seminars](#)
- [Online CPD Opportunities](#)
- [ASA/SCUK Good Practice and Child Protection](#)

Aim

The ASA is committed to encouraging teachers and coaches to regularly update their knowledge and to provide the opportunity for teachers and coaches to publicly demonstrate their commitment to ongoing professional development.

Benefits of CPD

- Maintenance of high professional standards through increased knowledge and awareness. This will lead to better swimming sessions for all pupils and more satisfied customers.
- Improved employment prospects when applications are supported by regular evidence of updating.
- Regular updating evidence will be beneficial in any unfortunate legal action. This is supported by the ASA Code of Ethics which recommends regular professional development to enhance awareness of current issues.

Continuing Professional Development will:

- [Enhance status and recognition of teacher and coaches, nationally.](#)
- [Provide national recognition of on going commitment to increasing knowledge and awareness.](#)

How will CPD work?

- CPD will comprise of three credits (two for those qualifying at Level 1) over a five year period.
- CPD in more than one discipline will be achieved by gaining one additional credit of a discipline specific nature for each discipline covered e.g. for a Level 2 Teacher wishing to show evidence for CPD in swimming, synchro and diving would be required to have five credits in total.
- A CPD certificate will apply to the highest level qualification held by the teacher/coach and will cover all the other ASA qualifications held (this does not include lifesaving qualifications).

What contributes as a credit?

- Attendance at an accredited seminar. A seminar to comprise a minimum of 4+ hours contact time will be awarded 1 CPD credit and 3-4 hours contact time, 0.5 CPD credit. Seminars of less than 2.5 hours cannot be accredited for CPD.
- Verified teaching/coaching on a regular basis - verified teaching will be on the basis of a minimum 50 hours teaching/coaching. This should take the form of logged session plans which must be sent to the ASA Education Department when the application for a CPD certificate is made (credit will only be given for session plans considered to be of an appropriate standard). This will constitute a maximum of 1 CPD credit.
- Verified evidence of preparing and delivering a presentation at an accredited seminar or conference on a relevant topic.
- Verified evidence of writing a recent article on a relevant topic published in a national journal/magazine or contributing towards a book published nationally, minimum length 1000 words.
- If an ASA Teacher Certificate or above is dated after 01.01.02 and is then NVQ'd this will be awarded 1 CPD credit.
- Tutoring ASA courses at Level 1 or above or Sports Coach UK courses. (This to constitute a maximum of 1 CPD credit - irrespective of the number of courses tutored.)
- University/Higher Education courses.

CPD Training Opportunities

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ASA Accredited Providers

- The ASA have a comprehensive list of organisations registered as training providers for CPD. These include:
 - [ISTC](#)
 - [SASA](#)
 - [WASA](#)
 - [Sports Coach UK](#)
 - [ISRM](#)

If your organisation/centre is interested in becoming an accredited ASA Training Provider then [Click Here](#)

How do you obtain your CPD certificate?

[Click here](#) to download the CPD application form.

Contact

Lesley Burton - Training and Development - Administrator
t: 01509 618721/739
e: lesley.burton@swimming.org

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